

# Respite Services

The  
Fulton  
County **OFFICE**  
**FOR AGING**

*Vital information  
for vital generations.*

respite

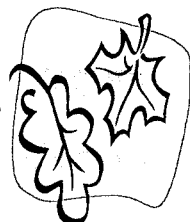
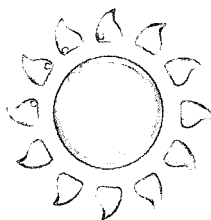
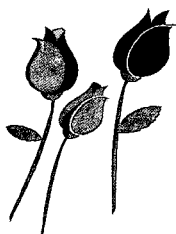
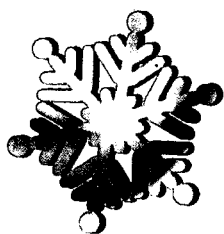
n. usually short interval of rest or relief; hiatus, rest, recess

Many people are cared for at home. The people providing care (spouses, daughters, sons, grandchildren, partners, special friends, even you) are often in need of **respite care**. The Fulton Co. Office for Aging offers a few choices of respite for all generations:

♥ **In-Home Care:** is provided through contracts that the Fulton Co. Office for Aging has with local licensed home care agencies. The staff at Central Assessment/NYConnects Fulton County completes assessments for this service. The results are plans of care where an aide would go to a person's home to give the caregiver a break. Call 518-736-5718.

♥ **Social Adult Day Care:** is also offered as a choice for respite for those individuals who choose non-institutional services outside the home. Central Assessment/NYConnects evaluates for this service. Care is provided at the Johnstown Senior Center through a contract with the Fulton Co. Office for Aging, M-F, 9am-2:30pm. Transportation is provided. Donations accepted. Call 518-736-5718.

♥ **Activity Days:** at the Fulton County YMCA offer respite for grandparents raising grandchildren and other kin-caregivers. The Fulton Co. Office for Aging contracts with the YMCA for vacation camps and YMCA services for the grandchildren and other kin so that the caregivers get a break. Call 518-736-5650



*Respite Services offered with the strong support of:  
the Federal Title III-E National Family Caregiver funds;  
NYSOFA Caregiver Resource Center funding; Title III-B of  
the Older Americans Act; County of Fulton*

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