

The  
Fulton  
County **OFFICE**  
**FOR AGING**

*Vital information  
for vital generations.*

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Director*

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***518-736-5650***

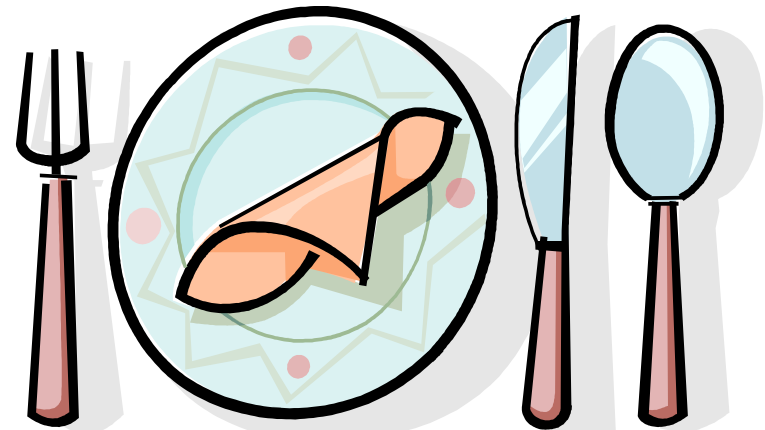
*We are thankful for Federal Older Americans Act funding; New York State Office for Aging funding; County of Fulton; and participant contributions which allow this program to assist Fulton Co. residents remain at home, independently for as long as possible.*

# Home Delivered Meals

(Kingsboro Catering)

## Quick Tips

Available to anyone 60 yrs of age  
all across Fulton County after a visit with and  
Office for Aging Caseworker



- Meals generally arrive between 11AM and 1PM, Monday - Friday.
- If you are **not going to be home** to receive your meal (for example: due to a doctor's appt, illness etc.) **call before 9am** that day to let us know, the number is: **518-736-5650**. We do have an answering machine - so call at any time of the day or night and leave a message.
- We **WILL NOT** leave your meal if you are not home. If you are not home when the volunteer arrives, a call is made to OFA and a staff calls your emergency contacts to make sure you are all right.
- In case of bad weather we will not deliver meals - listen to **WENT** or watch TV station **YNN Ch 9** for this information.
- We do not deliver on weekends or holidays.
- We ask for a **voluntary contribution of \$ 3.00 per meal**. You can pay by cash

using the envelope provided or you can mail a check to the Office for Aging at your convenience. Checks payable to Fulton County Office for Aging and put "home delivered meals" on the memo line. *(you will not be denied service if you cannot donate to the program, however if your income is 185% of the poverty line we ask you to consider contributing the \$11.50 per meal which is 100% cost of the meal in 2024.)*

- If you are out of town or in the hospital please have someone call us so that we can hold your meals until you come home.
- All meals are low sodium and come with low-fat milk. The "diet" meal comes with a low sugar dessert. We cannot substitute or delete any part of the meal.
- *We also have an alternate choice for Home Delivered Meals - Mom's Meals, for anyone 60 + in the County - call the office for more information.*
- **ENJOY!!**